

Parents of children with a long-term health condition, impairment or illness

Quantitative Research Findings

Published February 2024

Source of data

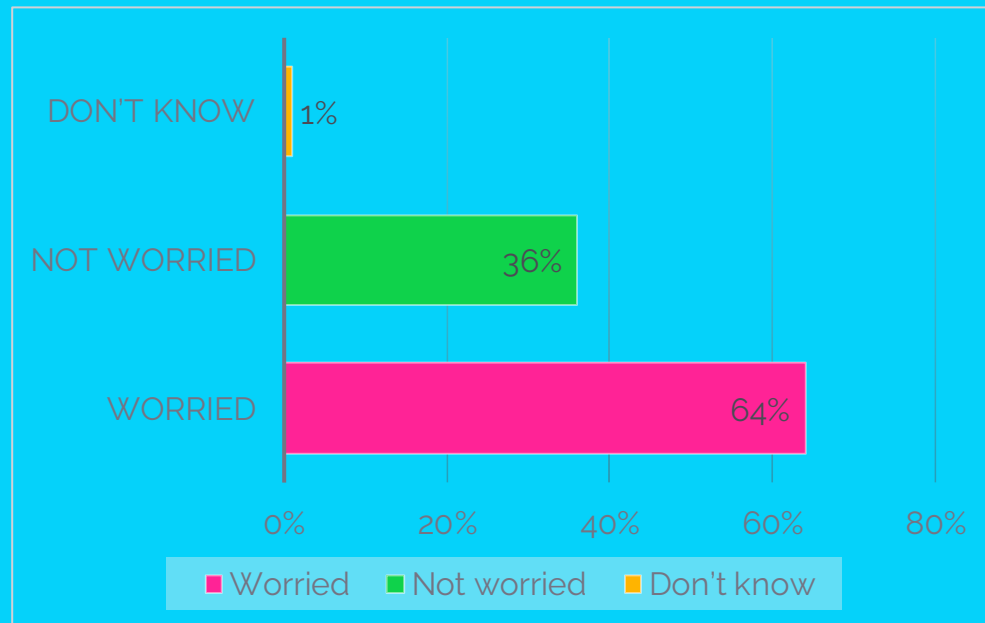
All figures are from YouGov Plc. Total sample size was 2,126 adults. Fieldwork was undertaken between 6th - 7th November 2023. The survey was carried out online. The figures have been weighted and are representative of all GB adults (aged 18+).

All percentages presented in this summary, unless otherwise stated, are based on parents of children with disabilities.

27% of all parents have at least one child (of any age) with a long-term health condition, impairment or illness

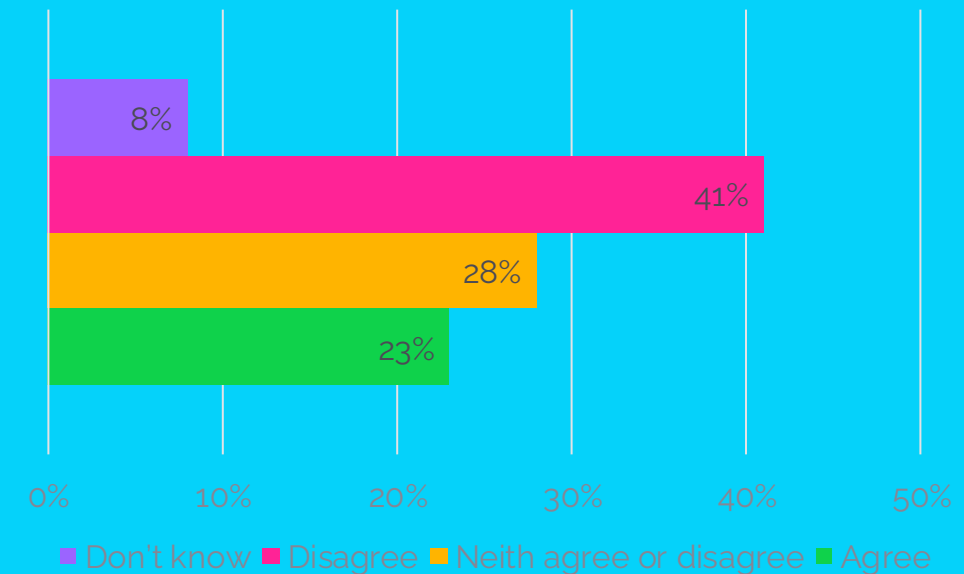
Financial wellbeing

Are you worried about your future financially?



64% of parents of children with a long-term health condition, impairment or illness felt worried about their future financially.

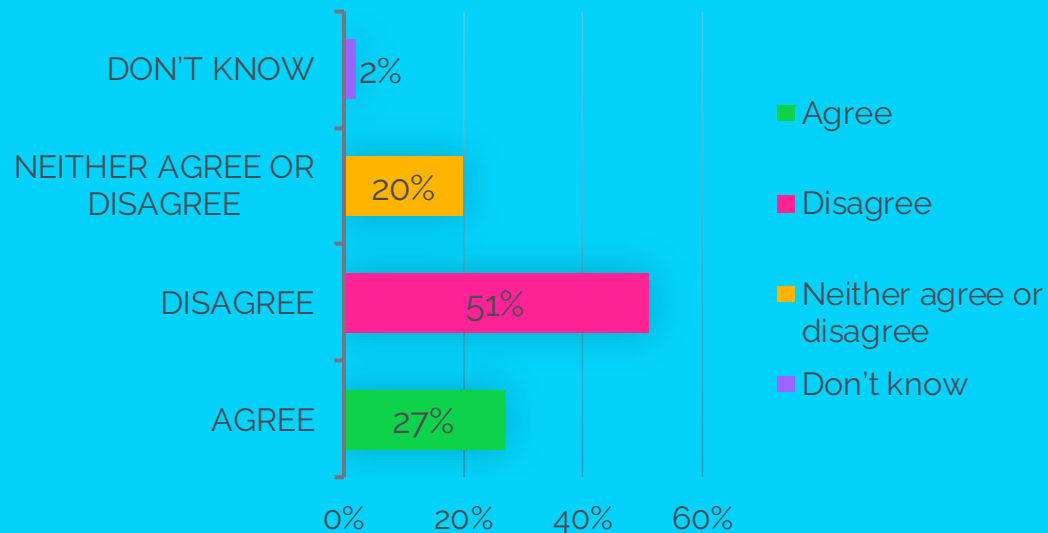
Do you feel pressure to continue working due to having long-term caring responsibilities.



Nearly a quarter (23%) of parents of children with a long-term health condition, impairment or illness feel pressured to work/continue working due to having long-term caring responsibilities

Retirement planning

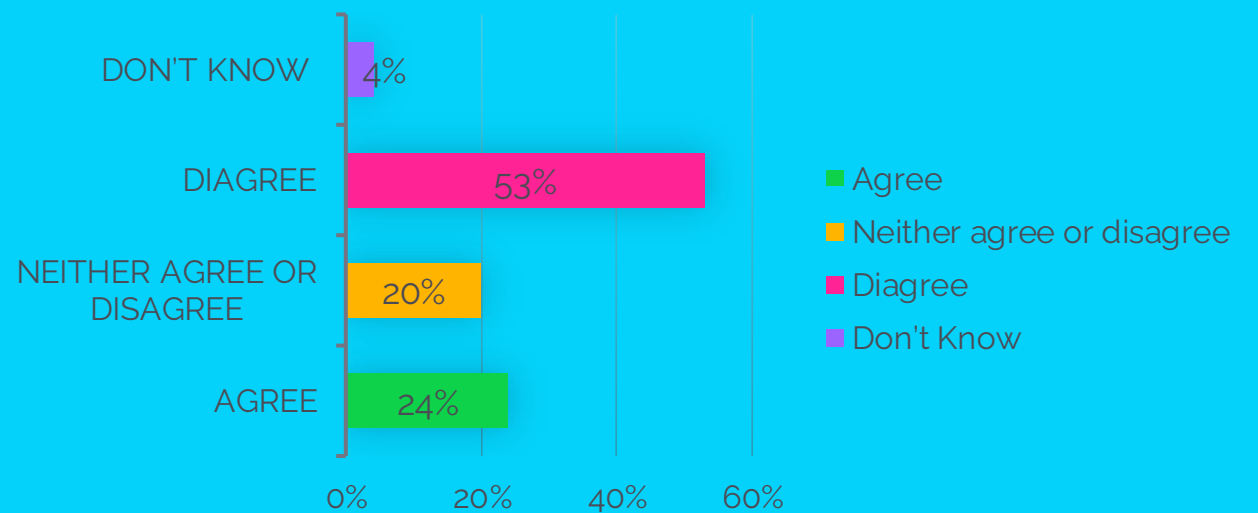
Do you agree that you have put enough thought into your retirement plans?



Only 49% of parents of children with a long-term health condition, impairment or illness were confident that they have put enough thought into their retirement plans, were 51% not confident

In comparison, just over 2 in 5 (43%) of parents, who don't have any children with a long-term health condition, impairment or illness are not confident with their retirement plans

Do you agree that you will have enough pension savings in place to live the lifestyle that you want in retirement?



Only 24% of parents of children with a long-term health condition, impairment or illness agreed that they will have enough pension savings in place to live the lifestyle they want in retirement. 53% disagreed they would have enough.

Flexible working

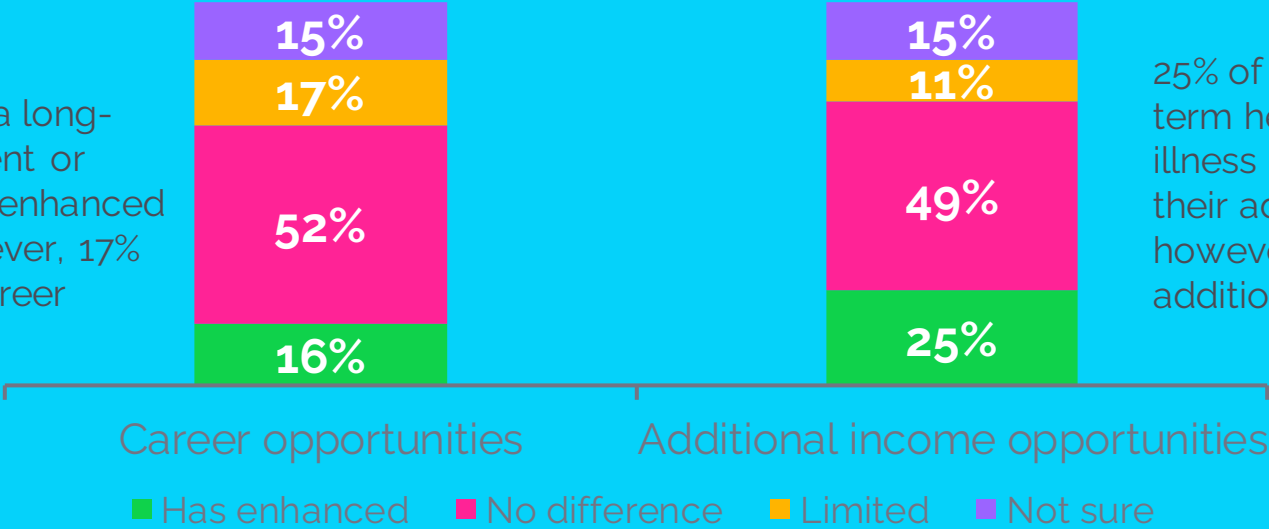
Over half (51%) of working parents of parents of children with a long-term health condition, impairment or illness, say flexible working has helped them save either *a great deal or a fair amount* on childcare costs.

What difference has flexible working had on your career opportunities?

What difference has flexible working had on your additional income opportunities?

16% of parents of children with a long-term health condition, impairment or illness felt flexible working had enhanced their career opportunities, however, 17% felt it had in fact limited their career opportunities.

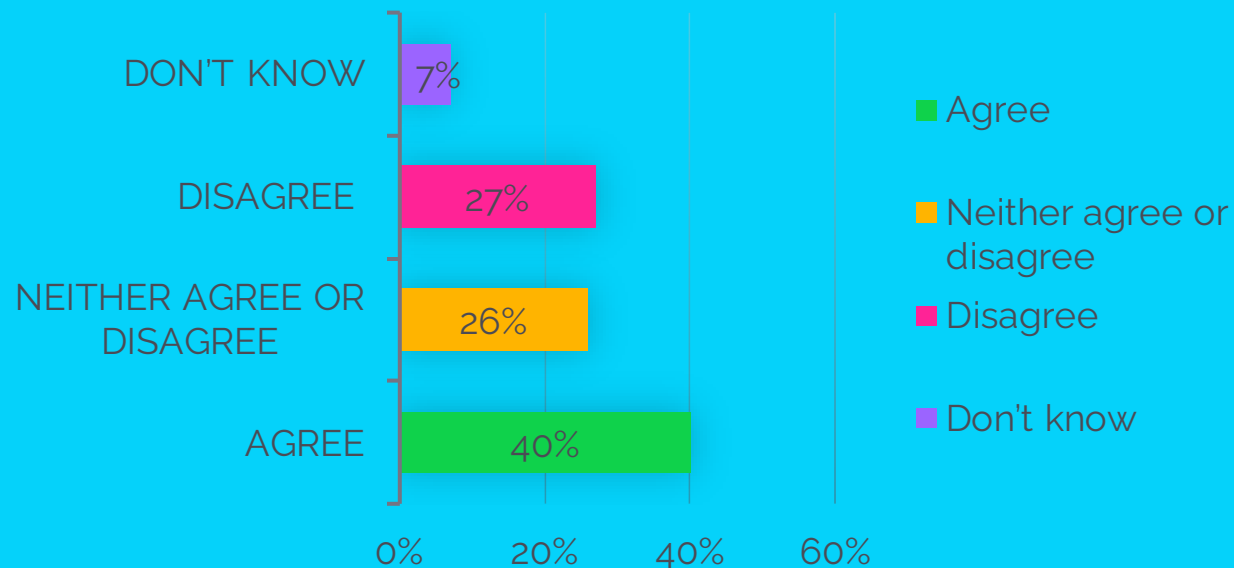
25% of parents of children with a long-term health condition, impairment or illness felt flexible working had enhanced their additional income opportunities, however, 11% felt it had limited their additional income opportunities.



Support available

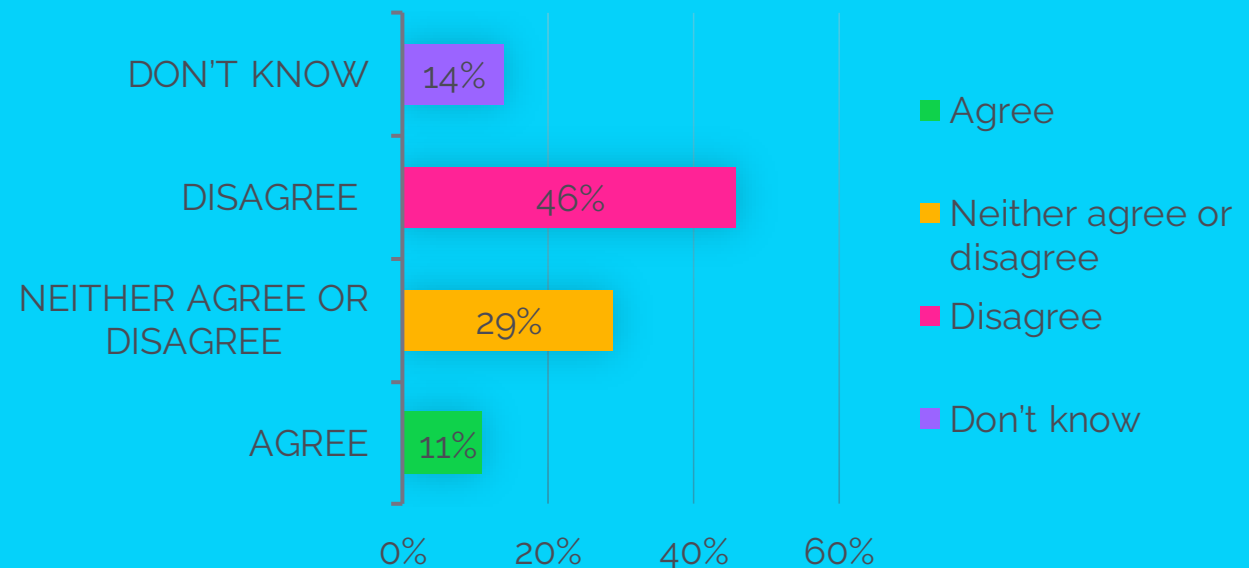
Only 1 in 10 (11%) parents of children with a long-term health condition, impairment or illness agree that they have sufficient support from Government or charities when caring for their children with a long-term health condition.

My pension provider makes it easy for me to understand my pension and plan for retirement



Only 40% agreed that their pension provider made it easy for them to understand their pension and plan for retirement.

I have sufficient support from the Government or charities when caring for my child



46% of parents of children with a long-term health condition, impairment or illness disagree that they have sufficient support from Government or charities when caring for their child.